

# SIX-WORD LESSONS TO LOOK YOUR BEST

100 Lessons to  
Look Your Best  
from Head to Toe



SIX  
~ WORD  
LESSONS

Patty Pacelli

*Six-Word Lessons to Look Your Best*

# Six-Word Lessons to **LOOK YOUR BEST**

100 Lessons to  
Look Your Best  
from Head to Toe

**Patty Pacelli**

Published by Pacelli Publishing

Bellevue, Washington



Legend has it that Ernest Hemingway was challenged by some friends to write a story in six words. Hemingway responded to the challenge with the following story: *For sale: baby shoes, never worn.*

The story tickles the imagination. Why were the shoes never worn? Were they too small? Did the baby die? Was the baby not able to wear shoes? Any of these are plausible explanations left up to the reader's imagination.

This style of writing has a number of aliases: postcard fiction, flash fiction, microfiction, and sudden fiction. Lonnie Pacelli, the series creator, was introduced to this style of writing by a friend over a cup of coffee. He was entranced with the idea and started thinking about how this extreme brevity of writing could apply in today's microburst communication culture of text messages, tweets, and other posts. Thus, the inspiration for **Six-Word Lessons**.

In ***Six-Word Lessons to Look Your Best*** you will find 100 short, practical tips and ideas to help with your beauty routines from head to toe. Rather than pore through pages and pages of content trying to search for what you need, this book gives them to you quickly and easily.

My hope is that you're able to use the ideas in this book to improve how you look and feel about yourself day-in and day-out. Tell me how it's impacted you at [story@6wordlessons.com](mailto:story@6wordlessons.com).

# **Learn to Shop Without the Drop**

# 64

## Shop for your best colors first.

When shopping, first determine your best and worst colors from a color expert, or by draping yourself with various colors in a mirror.

Once you know your colors, make that your first priority when scanning the clothing racks. It narrows the field down quite a bit.

65

## Get to know your sales staff.

Sales staff at better department stores know their merchandise, know fashion and are trained to find the right clothing for you. If you can get to know specific sales people and their work schedules--even better.

Take advantage of their expertise and think of every shopping trip as an education and opportunity for new ideas, whether or not it results in a purchase.

66

## Be realistic about your spending limits.

I am very guilty of not following this rule. I love to look at designer handbags and shoes that I will never buy.

It's fine to get an idea of what is new and to refine your taste, but can be a big time-waster that keeps you from finding appropriate items for your wardrobe that fit your budget.

67

## What fun is a clothing budget?

Setting a budget for clothing can be fun when you feel good about yourself for saving money and sticking to your budget.

Even if you don't always stay within budget, it's a good method for keeping track of what you spend on clothes so that when you need to limit your spending, you'll be ready.



68

## Don't be taken in by outlets.

Outlet malls can be fun, but be careful of buying things you don't really need because of the assumption that everything is a bargain.

I have noticed that most outlet mall prices are about the same as sale prices at regular stores, which are frequent. You probably won't get ripped off at an outlet store, but make sure you only buy items you love.

# 69

## Shop only for your body shape.

A wardrobe consultant or stylist can take your measurements and determine your body type.

Once you know your body's shape and proportions, your shopping trips will be more focused because you will be looking only for clothing styles that flatter your unique body shape.

# Explore all the best shopping options.

Take advantage of the alternatives to traditional mall and department store shopping.

Along with online shopping, pre-shopping on the internet can enhance your trip to the mall. Browse online at items at your favorite stores before you go to see what might be on sale, and what's new and available.

# 71

## How to use a personal shopper.

Some department and specialty stores offer personal shopping services for customers in their own particular store.

A wardrobe or image consultant who does not work for a store can sort through your existing wardrobe and learn your best colors and clothing shapes, making the process easy for you. She can help you shop at a variety of stores, rather than representing one store.

72

## Mix high end with low end.

Wearing inexpensive items of clothing or accessories with very expensive ones is completely acceptable.

If you like to splurge occasionally on a designer item, or find it on sale, go ahead and mix it with something from an inexpensive store like Old Navy. Mixing up your shopping habits will help to mix up your wardrobe, giving you a more interesting, creative look.



See Six-Word Lessons to Look Your Best  
on [Amazon](#)

See the entire Six-Word Lessons  
Series at [6wordlessons.com](http://6wordlessons.com)

Want to write your own Six-Word Lessons  
book? Go to [write.6wordlessons.com](http://write.6wordlessons.com)